

17th Annual Commitment Night

(Led by Captains & Seniors)

This year's Captain & Senior led **Commitment Night** will include:

- ◆ 2015-2016 Season Information
- ◆ Team Building Activities
- ♦ Team Goal Setting
- ♦ "Competitive Team Games"
- ♦ Purchase new wrestling shoes & gear!
- ♦ Free Team 2016 Season T-Shirt!
- ♦ Free Ole Piper pizza and drink!

D.W. Wrestling Products will be available for purchase.

Commitment Night

Date: Thursday, November 5th

Time: 6:30 Registration / Buy shoes, etc.

7:00pm - 10:15pm

Who: All incoming $9^{th} - 12^{th}$ grade

wrestlers.

Cost: FREE!

Site: EVHS Athletic Wing

Bring: Shorts / T-Shirt / Running Shoes

Attendance is Encouraged!!

COMMITMENT TO EXCELLENCE!!

